

OASAS. Every Step of the Way.

Quarterly Report to the Legislature on Selected Opioid Initiatives January 1, 2023

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PURPOSE AND BACKGROUND

This report is prepared and submitted in accordance with the Mental Hygiene Law § 19.07 (m) (1), which directs the Office of Addiction Services and Supports (OASAS) to:

Report on the status and outcomes of initiatives created in response to the heroin and opioid epidemic to the Temporary President of The Senate, the Speaker of the Assembly, the Chairs of the Assembly and Senate Committees on Alcoholism and Drug Abuse, the Chair of the Assembly Ways and Means Committee and the Chair of the Senate Finance Committee.

Mental Hygiene Law § 19.07 (m) (3), further states that the initiatives in this report:

shall include opioid treatment programs, crisis detoxification programs, 24/7 open access centers, adolescent club houses, family navigator programs, peer engagement specialists, recovery community and outreach centers, regional addiction resource centers and the state implementation of the federal opioid state targeted response initiatives.

STATUS AND OUTCOMES

Opioid Treatment Programs

Opioid Treatment Programs provide a comprehensive treatment model employing the use of medication assisted treatment as well as behavioral therapy to provide short and long-term treatment for individuals with opioid dependency. Opioid Treatment Programs offer medical and support services, including counseling and educational and vocational rehabilitation. A physician serves as medical director and physicians and nursing staff assess each individual and approve the plan of care. Clinical staff provide individual, family, and group counseling. Patients are prescribed and delivered medication assisted treatment, which is expected to be long-term medication management of a chronic disorder.

Table 1 shows admissions demographics for OASAS-certified Opioid Treatment Programs from January 1 through October 31, 2022. As Table 1 shows, Opioid Treatment Program admissions were predominantly male, accounting for 68% of all admissions. The largest age group categories for Opioid Treatment Program admissions were Adults between the ages of 35 and 44 followed closely by those between 25 and 34. White, non-Hispanics accounted for 47% of all Opioid Treatment Program admissions, followed by Hispanics who accounted for 33% of admissions.

Table 1: Opioid Treatment Program Admissions From January 1 Through October 31, 2022

Gender		Age		Race/Ethnicity	
Category	Admissions	Category	Admissions	Category	Admissions
Female	32%	Under 18	0%	White (non-Hispanic)	47%
Male	68%	18 to 24	3%	Black (non-Hispanic)	16%
Total	100%	25 to 34	27%	Other (non-Hispanic)	4%
		35 to 44	28%	Hispanic	33%
		45 to 54	19%	Total	100%
		55 +	22%		
		Total	100%		

Crisis Services

Crisis services provide a range of treatment options, or levels of care, to persons who are intoxicated or incapacitated by their use of alcohol and/or substances. The primary purpose of crisis services is the management and treatment of alcohol and/or substance withdrawal, as well as acute disorders associated with alcohol and/or substance use, resulting in a referral to continued care. Crisis services provide one or more of the following:

- Medically Managed Detoxification Services
- Inpatient/Residential Medically Supervised Withdrawal Services
- Outpatient Medically Supervised Withdrawal Services
- Medically Monitored Withdrawal

Table 2 shows admissions demographics for OASAS-certified Crisis programs from January 1 through October 31, 2022. As Table 2 shows, Crisis admissions were predominantly male, accounting for 77% of all admissions. Admissions were nearly evenly distributed among the age categories of adults between the ages 25 and 34 (22%), 35 and 44 (25%), 45 and 54 (23%), and 55+ (26%). White, non-Hispanic individuals accounted for 46% of all Crisis admissions.

Table 2: Crisis Services Admissions From January 1 Through October 31, 2022

Gender		Age		Race/Ethnicity	
Category	Admissions	Category	Admissions	Category	Admissions
Female	23%	Under 18	<1%	White (non-Hispanic)	46%
Male	77%	18 to 24	4%	Black (non-Hispanic)	28%
Total	100%	25 to 34	22%	Other (non-Hispanic)	4%
		35 to 44	25%	Hispanic	23%
		45 to 54	23%	Total	100%
		55 +	26%		
		Total	100%		

Open Access Centers

Open Access Centers provide immediate engagement and linkage to treatment for individuals with a substance use disorder. Staff are available 24/7 to immediately engage with individuals, family members, and/or law enforcement, etc. for the provision of substance use disorder services and interventions. Staff are also available or on call to provide an immediate assessment and referral (and "warm handoff") to the appropriate level of care. Information regarding Open Access Centers activities is shown in Table 3. More than 4,000 individuals accessed an Open Access Center in the first ten months of 2022. Nearly 30% of people served at an Open Access Center received services outside of normal business hours. Without the availability of the after-hours support provided by the Open Access Centers, many of these individuals may not have been connected with treatment and support services for their substance use disorder.

Table 3: Open Access Centers Performance From January 1 Through October 31, 2022

Measure	Results January 1, 2022 – October 31, 2022
Total Individuals Served	4,020
Individuals Served Other than 9:00-5:00pm, M-F	1,197
Individuals Receiving an Assessment	3,800
Individuals Referred to Treatment	1,819

Youth Clubhouses

Clubhouses are built upon a core of peer-driven supports and services that encourage and promote a drug-free lifestyle. The Clubhouses use evidence-based prevention strategies and help individuals in recovery develop social skills that promote prevention, long-term health, wellness, recovery and an addiction-free lifestyle. A variety of services and activities are available, including tutoring and help with homework; college and job preparation; community service opportunities; peer mentoring; and sports, fitness, and group entertainment activities. Information on Youth Clubhouses is shown in Table 4. A monthly average of 843 unique youth made nearly 30,000 visits to Youth Clubhouses in the first ten months of 2022.

Table 4: Youth Clubhouse Performance From January 1 Through October 31, 2022

Measure	Results January 1, 2022 – October 31, 2022
Total Youth Visits to Clubhouses	29,591
Average Unique Youth Per Month	843
Total Programs Offered for Youth	7,219
Total Family Member Visits to Clubhouses	1,137
Total Programs Offered for Families	710

Family Support Navigators

Family Support Navigators assist families and individuals in understanding the progression of addiction and how to navigate insurance and treatment systems. They develop relationships with local substance use prevention, treatment, and recovery service providers; managed care organizations; area substance use disorder councils; and community stakeholders to assist families with accessing treatment and support services. Performance data for Family Support Navigators for the first ten months of 2022 is displayed in Table 5. As shown in Table 5, in 2022 Family Support Navigators, on average, have assisted over 460 families per month.

Table 5: Family Support Navigator Performance From January 1 Through October 31, 2022

Measure	Results January 1, 2022 – October 31, 2022
Average Number of Families Served per Month	460
Referrals to Treatment	1,115
Referrals to Other Community Services	8,121
Family Education & Support Groups Provided	2,196
People Receiving Naloxone Training	1,102

Peer Engagement Specialists

Peer Engagement Specialists are individuals in recovery or with a personal family experience with recovery and expertise in addiction services, available to provide support, encouragement, and guidance in finding appropriate services. They are especially effective with outreach and engagement of people who have been reluctant to participate in behavioral health services. Table 6 details the activities of Peer Engagement Specialists from January 1 through October 31, 2022. As Table 6 indicates, over 7,500 individuals were served by a Peer Engagement Specialist during the first ten months of 2022. Over 74% of individuals served by a Peer Engagement Specialist were served within three hours of contact.

Table 6: Peer Engagement Specialist Performance From January 1 Through October 31, 2022

Measure	Results January 1, 2022 – October 31, 2022
Total Individuals Served	7,752
Individuals Served in an Emergency Department	586
Individuals Served in the Community	4,887
Individuals Served at the Provider Location	3,437
Individuals Served within 3 Hours	5,740

Recovery Community Outreach Centers

Each Recovery Community Outreach Center responds to the local area's specific needs related to obtaining treatment services and addiction recovery supports. The Centers promote long-term recovery through skill building, recreation, wellness education, employment readiness, civic restoration opportunities, and other social activities. The Centers also provide an opportunity for individuals and families to connect with peers who are going through similar challenges so that they can benefit from shared experiences and a commitment to common goals for recovery. Table 7 shows the performance of Recovery Community Outreach Centers from January 1 through October 31, 2022. As Table 7 indicates, the Recovery Community Outreach Centers are highly utilized by people in recovery from substance use disorders, with over 72,000 visits in the first ten months of 2022.

Table 7: Recovery Community Outreach Center Performance From January 1 Through October 31, 2022

	Results
Measure	January 1, 2022 - October 31, 2022
Total Visits to Recovery Community Outreach Centers	72,952
Service Activity Sessions	34,056
Volunteers / Volunteer Hours Worked	1,959/ 38,216
Community Outreach Activities	675

Regional Addiction Resource Centers

The Regional Addiction Resource Centers assist families, individuals, and communities in accessing local resources for those facing addiction problems. They identify local services, including prevention resources, treatment opportunities, recovery services, and other supports such as: Family Navigators, medication drop boxes, Peer Engagement, 12-step groups, naloxone trainings, Youth Clubhouses, and local speakers' bureaus. The activities of the Regional Addiction Resource Centers from January through June 2022 are displayed in Table 8. As shown in Table 8, during this period, Regional Addiction Resource Centers conducted 57 community awareness activities and 1,449 media campaigns.

Table 8: Regional Addiction Resource Centers Performance From January 1, 2022 Through June 30, 2022

	Results
Measure	January 1, 2022 - June 30, 2022
Community Awareness Activities	57
Media Campaigns	1,449

Opioid State Targeted Response Grant Program

The Opioid State Targeted Response funding ended on April 30, 2020, therefore, there is no data to report for calendar year 2022.